Making Connections Total Body Integration Through Bartenieff Fundamentals

Making ConnectionsExperiencing DanceMovement for Actors (Second Edition)Teaching What You Want to LearnThe Complete Conductor's Guide to Laban Movement TheoryThe Laban Workbook for ActorsStandard Speech and Other Contemporary Issues in Professional Voice and Speech TrainingThe Illustrated Encyclopedia of Body-mind DisciplinesBallet BasicsCAHPER JournalBuilding Bodies PoliticDance/movement TherapyTeaching and Learning Through Multiple IntelligencesPreventing Dance InjuriesJournal - Association Canadienne Pour la Santé, L'éducation Physique Et Le LoisirEmbodied NarrativeInternational Encyclopedia of DanceIndex to Dance PeriodicalsMind-Body Fitness For DummiesDance Research Journal Peggy Hackney Helene Scheff Nicole Potter Bill Evans Lisa A. Billingham Katya Bloom Rocco Dal Vera Nancy Allison Sandra Noll Hammond Canadian Association for Health, Physical Education and Recreation Jessica Berson Fran J. Levy Linda Campbell Ruth L. Solomon Jeffrey Phillip Friedman Dance Perspectives Foundation Therese Iknoian

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Friedman Dance Perspectives Foundation Therese Iknoian

this book explores how we go about creating the connections within us that allow us to become fully embodied human beings in the world it provides some very personal memories of irmgard bartenieff and the development of her approach to fundamentals

this book takes students through the learning process to become an expert dancer it provides the skills required to identify movement potential warm up cool down effectively express ideas through dance develop choreography construct a professional portfolio

in this updated rich resource for actors renowned movement teachers and directors reveal the physical skills needed for the stage and the screen readers will gain remarkable insights into the physical skills and techniques used in a wide variety of performance styles through ready to use exercises and approaches included in this new edition are chapters covering stage combat yoga for actors martial arts body mind centering authentic movement bartenieff fundamentals grotowski based movement those who want to pursue serious training will be able to consult the appendix for listings of the best teachers and schools in the country this inspiring collection is a must read for all actors directors and teachers of theater looking for stimulation and new approaches allworth press an imprint of skyhorse publishing publishes a broad range of books on the visual and performing arts with emphasis on the business of art our titles cover subjects such as graphic design theater branding fine art photography interior design writing acting film how to start careers business and legal forms business practices and more while we don t aspire to publish a new york times bestseller or a national bestseller we are deeply committed to quality books that help creative professionals succeed and thrive we often publish in areas overlooked by other publishers and welcome the author whose expertise can help our audience of readers

teaching what you want to learn distills the five decades that bill evans has spent immersed in teaching dance into an indispensable guide for today s dance instructor from devising specific pedagogical strategies and translating theory into action to working with diverse bodies and embracing evolving value systems evans has considered every element of the teacher s role and provided 94 essential essays about becoming a more effective and

satisfied educator as well as setting out his own particular training methods and somatic practice as one of the world s leading dance teachers he explores the huge range of challenges and rewards that a teacher will encounter across their career these explorations equip the reader not only to enable and empower their students but also to get the most out of their own work so they are learning as they teach this is an essential book for anyone who wants to teach dance and movement from professional and academic settings to amateur artists and trainee instructors

movement is at the core of conducting and rudolf laban 1879 1958 is considered perhaps the most influential scholar of human movement his ideas have shaped the practice of dancers for generations but are significantly less known among conductors this concise book is a thoughtful and practical introduction to laban s life and theories perfect for conductors seeking to better connect their understanding of a musical score to their actions on the podium publisher

the laban workbook is a compendium of unique exercises inspired by the concepts and principles of movement theorist and artist rudolf laban written by five internationally recognized movement experts this textbook is divided into single authored chapters each of which includes a short contextual essay followed by a series of insight bearing exercises these expert views honed in the creation of individual approaches to training and coaching actors provide a versatile range of theory and practice in the creative process of crafting theatre readers will learn enhanced expressivity of body and voice clearer storytelling both physical and vocal facilitating the embodiment of playwrights intentions imaginative possibilities for exploring an existing play or for creating devised theatre featuring many exercises exploring the application of laban movement studies to text character scene work and devised performances as well as revealing the creative potential of the body itself the laban workbook is ideal for actors teachers directors and choreographers

applause books standard speech is an anthology of essays from vasta the voice and speech trainers association on a variety of topics of interest to actors voice and speech teachers exploring the idea of what should be the standards for good speech this volume offers views

from more than 40 top experts on the subject also essays on coaching singing vocal health verse and dialect accent studies a must for the serious student of voice and speech

introduces various programs and activities designed to awaken the links between mind body and spirit including sensory therapies subtle energy practices massage movement therapy methods martial arts yoga meditation and creative arts therapies

written for the adult beginner ballet basics is a well illustrated introduction to the fundamentals of ballet technique the text also provides an overview of the history of ballet

this book examines the field of dance therapy from its inception in the 1940 s to the present a detailed analysis is conducted of the theory and practice of the major pioneers the book covers biographical reports and the influence of many dance therapy leaders laban movement analysis lma is discussed as well as dance therapy in specific patient client settings appended are 1 listing of survey repondents 2 information on the american dance therapy association and 3 the dance therapy questionnaire a 34 page bibliography is included

teaching and learning through multiple intelligences in an outstanding resource that offers expert analysis of gardner s theory of multiple intelligences and the knowledge to extend this theory to effective classroom practice broad based and comprehensive this text describes implications for pedagogy team teaching student strengths curriculum assessment community involvement and diverse classroom models the authors devote one chapter to each of the eight intelligences they define intelligence provide a checklist for identifying it suggest environmental considerations and offer related teaching strategies additional chapters survey gardner s recent work on teaching for understanding performance based assessment and model mi school programs and student outcomes

contains alphabetically arranged entries that provide information about various aspects of dance around the world covering ritual social and theatrical dance forms and including articles about history techniques music costume dance films and writing and major dance personalities

mind body fitness for dummies is the complete guide to the world of holistic fitness from yoga and tai chi to pilates and qigong get started the smart way with expert advice on the essentials such as breathing posture and choosing a program that best fits you and your fitness goals filled with instructional photos and illustrations this book also features expert advice on warming up and cooling down as well as taking your workout program beyond the basics with coverage of bodywork techniques including nia and the alexander technique mind body fitness for dummies will also help answer common questions about equipment and space needs as well as other issues to consider before committing to a new fitness plan

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Introduction

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